





SPINE

What you need to do before surgery (Pre-Op)

Pre-operative testing needs to be done on all patients that are scheduled for surgery. Depending on what your health plan requires, you will have your labs, EKG, and chest x-ray done at Huntington Memorial Hospital or with your primary care physician.

If your insurance is an HMO you will have your laboratory studies done as per your insurance plan. You should schedule an appointment with your primary care physician for your chest x-ray and EKG at least one week prior to surgery.

If you are giving autologous blood donations (your own blood in preparation for your surgery) it will be done at the Blood Donor Center at Huntington Memorial Hospital. You must bring your order with you to that appointment. Please wait until you have received authorization from your health plan before scheduling your appointment. You should bring your authorization as well as the written order with you to your appointment.

If you have a history of cardiac problems, please inform our staff as well as your cardiologist/primary care physician so we can obtain the proper clearance prior to surgery. You will also need cardiac clearance for autologous blood donation if donating.

Any additional questions before your surgery? Please call our office and ask for Heather.

If you feel that you have more questions about the procedure, please feel free to schedule an additional pre-op appointment with Dr. Mulholland or ask to speak with Kylie Smith PA-C.

